

## **ACAP UPDATE 9-18-20**

## Dear Community,

We appreciate everyone's patience and understanding as we returned to full-day, onsite programming on September 8. The transition has gone well, and it has been great to see many of our friends in person after these months of separation.

Here are some reminders about how we do things at ACAP that we would like to highlight:

- Please minimize the use of bags and extra items. ACAP wants to keep the number of things brought into our buildings to a minimum, so please keep extra bags, backpacks, etc., at home.
- We recommend using fanny packs as an easy way to bring lunches, lip balm, or other needed items that will stay with you and off the ground.
- ACAP requests that members bring lunches that do not require heating or refrigeration in disposable bags or fanny packs. An ice pack in your lunch bag will keep things cool. Please remember to include utensils and napkins if needed.
- As the season changes, please come dressed in layers. ACAP will be outside as weather permits for most classes.
- Please remember that ACAP respects our members as adults and encourages a peer metric for behavior. Because of this, please leave Disney- or child-themed clothes, hats, and lunch bags at home.
- Please remember to follow our new COVID-19 safety practices:
  - o Members must wear a face mask (or shield) for the duration of programming.
  - Take your temperatures at home before you leave for ACAP. If you have a temperature of 100.4 degrees or above, you will not be allowed to attend ACAP. ACAP will check temperatures when you arrive.
  - Stay about 6-feet away from staff and other members, about the width of a hallway.
  - Wash/disinfect your hands when you arrive, after blowing your nose, coughing, sneezing, and after using the restroom.
  - Members should plan to arrive at ACAP with sunscreen already applied. Bring water and a hat/sun covering if needed.

Thank you for your support,

Sandra Gines, Executive Director

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